




 Amerigroup RealSolutions® in healthcare	 SUNFLOWER STATE HEALTH PLAN	 UnitedHealthcare® Community Plan
Dental care for people 21 and over: <ul style="list-style-type: none"> Two free exams (cleaning and scaling) per year Free teeth whitening for certain conditions 	Dental visits for adults -- 2 routine dental check-ups per year	Adult dental services will be a benefit. People over 21 can get an exam, x-ray, and teeth cleaning.
Members can earn between \$10 and \$50 in debit card credits each time they get certain health checkups and screenings (up to \$200 of credits can be earned).	Members can earn rewards on our CentAccount debit card when they get health checkups and screenings. Members can get \$20 for the first health screening and \$20 a year for annual checkups.	Adults can earn between \$5 and \$15 in gift cards to help them become and stay healthy. They can earn the gift cards by going to health screenings and checkups.
We help certain members get free cell phones through SafeLink® and up to 250 minutes of service each month plus: <ul style="list-style-type: none"> 200 bonus minutes when you agree to get texts from us Wellness texts and reminders to renew your benefits on time Unlimited minutes to call our Member Services line 	SafeLink® and Connections Plus are programs that provide a free cell phone to members. SafeLink® provides up to 250 free minutes of service per month, with free calls to and from Sunflower State Health Plan. Members will be able to have telephone access to their health care providers.	Some members will receive a cell phone to help them keep in touch with their doctors and Care Coordinator. We also have Smartphone applications to help members keep track of their medical appointments.
Taking Care of Baby and Me® prenatal and postnatal program with health resources, coaching, a special self-care book and more debit card credits.	Start Smart for Your Baby - This program gives support and education for moms, babies, and families. The program includes the services below. There is no cost to member. <ul style="list-style-type: none"> Start Smart home visits for new mothers Start Smart baby showers for pregnant mothers Start Smart birthday programs for children 	Baby Blocks is a program to help those that are pregnant. Baby Blocks uses online tools so new moms can track their appointments. If they go to all of their appointments they can earn gifts for themselves or their baby.
Free programs for adults to: <ul style="list-style-type: none"> Stop smoking 	Community Programs for Healthy Children: Sunflower offers free services, such as	We have great Sesame Street programs. Learn from Sesame Street friends about going to the

		
<ul style="list-style-type: none"> • Lose weight • Get a GED • Improve relationships <p>Free healthy living coaching for preteens</p>	<p>membership fees to Boys & Girls Clubs and Brownie Badge Programs to promote healthy lifestyles for kids.</p>	<p>doctor for checkups. Learn about asthma and lead tests. We have help for families to teach them how to eat better without much cost. We also send Sesame Street and Dr. Health E. Hound birthday cards for all kids.</p>
<p>Extra over-the-counter medicines through mail order for all waiver groups and members receiving SSI.</p> <p>\$120 annually (\$10 monthly) towards the purchase of over-the-counter products.</p>	<p>We can send someone with members with a developmental disability or mental illness for support at doctor visits.</p> <p>We also have practice visits to OB/GYNs and dentists for members with a developmental disability so members are more comfortable with preventive care visits.</p>	<p>Our adult members can go to free Weight Watchers classes. You can also earn workout gear for finishing the program.</p>
<p>Free rides to community health events and free caregiver transportation to doctor visits for all waiver groups and members receiving SSI.</p>	<p>Peer and family support services for members with mental illness or disabilities to help them live in their community.</p>	<p>Kids age 10 to 17 who are watching their weight can earn a \$50 gift card. They earn the gift card by finishing a healthy weight program. The family also helps them to develop a healthy lifestyle.</p>
<p>Career development help and money to buy professional clothes for job interviews.</p>	<p>Healthy Schools & Adopt-A-School Program: Sunflower provides hands-on education and outreach to local community schools.</p>	<p>We will give all children the chance to join a youth organization. This can be a group like the YMCA, Boys and Girls Clubs, and 4-H.</p>
<p>Free in-home pest control for all waiver groups and members receiving SSI (excludes members residing in ICF/MR, assisted living and nursing facilities, group homes, or similar settings).</p>	<p>Pet therapy visits are offered. Members must be in an assisted living or nursing facility for this. Members on an HCBS waiver also have the chance for this visit.</p>	<p>We will provide more vision services. The services will include a better choice of eyeglass frames. It also includes replacement if your glasses are lost or stolen. Some members could get contact lenses.</p>
<p>Respite care for caregivers of Frail Elderly waiver members and extra respite care for members of Autism, Developmental Disability, and Serious Emotional Disturbance waiver groups (excludes members living alone or residing in ICF/MR, assisted living and nursing facilities, group homes, or similar settings)</p>	<p>In-home telemonitoring is available. It helps members be able to be more independent. This is offered to those that are aged, blind, and/or disabled.</p>	<p>Members can get more foot doctor visits. They need to be over 21 and get approval from their Care Coordinator. This could include up to two visits per year.</p>



Which Plan is Right for Me?

When you choose a plan, ask:

- Which plan is my doctor in?
- Which plan is my hospital in?
- Which plan are my other health care providers in?
- Which plan has extra (value-added) services that would benefit me and my family?
- Do I meet the requirements to get the extra services that I would like?



What if I Need Help?

If you need help deciding which plan would be best for you, there are a few places you can go.

1. Call the KanCare Enrollment Center- 1-866-305-5147
 - They can help you with general questions and accept requests to change your plan to a different one.
2. Call or go to the KanCare health plans' websites.
The health plans can answer questions about their provider networks or extra (value-added) services.
 - Amerigroup
1-800-600-4441 or www.myamerigroup.com/ks
 - Sunflower
1-877-644-4623 or www.sunflowerstatehealth.com
 - United
1-877-542-9238 or www.uhccommunityplan.com
3. Call or go to your local Department for Children and Families (DCF) office. DCF offices are located all over Kansas and can help you with questions.
4. Talk to a KDHE outreach worker. KDHE outreach workers live and work in communities across Kansas and can help you choose your plan.
5. Call the Aging and Disability Resource Center (ADRC). They can help if you have questions and you are age 65 or over, or have a physical disability or traumatic brain injury.
 - 1-855-200-ADRC (2372)



KDHE Outreach Staff

KanCare Consumer Assistance:
1-866-305-5147

Worker Location	Phone	Center Hours
Mimi Leonard Shawnee County Health Dept. 1615 S.W. 8th Ave. Topeka, KS 66606	785-338-2539	M,W,TR,F: 8 a.m. - 5 p.m. Closed W: 12-2 p.m. T: 10 - 7 p.m. Closed 2-3 p.m.
Sandra Zeh Wichita Public Schools 201 North Water, 2nd floor Wichita, KS 67202	316-323-8957	M-F: 7:45 a.m. - 4:45 p.m.
Teresa Flores United Methodist Mex-Amer Health Ministry 121 W. 3rd Liberal, KS 67901	620-655-6751	M-TR: 8:30 a.m. - Noon & 1 - 5 p.m. F: 8 a.m. - 4 p.m.
Kate Steeves Konza Prairie Comm. Health Ctr. 361 Grant Ave., P.O. BOX 1107 Junction City, KS 66441	785-307-3461	M: 8 a.m. - 6 p.m. T,W,TR: 8 a.m. - 5:30 p.m. F: 8 a.m. - Noon
Debbie Dunlap Mercy Hospital 800 W Myrtle St Independence, KS 67301	620-779-0270	
Ruth Becker Turner House Children's Clinic 21 N. 12th St., Suite 300 Kansas City, KS 66102	913-602-4205	M,W,F: 8 a.m. - 5 p.m. T,TR: 8 a.m.- 8 p.m. S: 8 a.m. to Noon
Cindy Proett PrairieStar Health Center 1600 N. Lorraine, Suite 110 Hutchinson, KS 67501	620-615-1795	M,W: 8 a.m. - 5 p.m. T,TR: 8 a.m. - 6 p.m. F: 8 a.m. - 3 p.m.
Bricia Espino United Methodist Mex-Amer Health Ministry 712A St. John Street Garden City, KS 67846	620-290-9476	M - TR: 8:30 a.m. - 5 p.m. F: 8:30 a.m. - 4 p.m.
Myrna Scott Salina Family Healthcare Ctr. 651 East Prescott Salina, KS 67401	785-338-2540	M-F: 8 a.m. - 5 p.m.
Patricia Satterlee Heart of KS Family Healthcare 1905 19th Street Great Bend, KS 67530	620-282-3555	M-F: 8 a.m. - 5 p.m.
Brandy Ney First Care Clinic 105 W. 13th Hays, KS 67601	785-259-8614	M,T: 8 a.m. - 6 p.m. W-F: 8 a.m. - 5 p.m. S: 8 a.m. to Noon

Outreach staff move around the county during the week to different clinics and or schools. Please call your staff worker before coming to the office or call ahead to make an appointment.